

RETURN TO INTIMACY

A private couples retreat



Tempat Senang, Batam

Friday 27 – Sunday 29 November 2026

When sex and intimacy have become difficult, distant, predictable, or absent, it can be hard to know how to find your way back to one another.

This restorative two-night retreat offers a warm, confidential space to slow down, reconnect, and explore what intimacy could look like now.



2 nights



Guided workshops



Somatic practices



Private couple time



Spa treatments



Limited to 4 couples

SGD 2,500 per couple



Hosted by Louise Sullivan

Somatic Coach & Certified Sexological Bodyworker



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A WEEKEND TO CONNECT

Across the weekend, you will be gently guided through honest conversations, experiential workshops, and body-based practices designed to deepen connection, communication, pleasure, and trust.

There will be time together as a couple, as well as thoughtfully facilitated spaces for women and men to explore separately. The peaceful setting, spa treatments, and spacious pace will help you soften out of everyday pressures and into a more connected way of being together.

WHAT WE WILL EXPLORE

- Understanding the patterns that shape desire and disconnection
- Speaking honestly and listening with care
- Rebuilding safety, trust, playfulness, and sensual connection
- Exploring pleasure as presence, permission, and choice
- Creating simple practices to carry home

THE WEEKEND RHYTHM

Friday: Arrive, settle, and begin the conversation.

Saturday: Explore, practise, rest, and reconnect.

Sunday: Integrate, choose your next steps, and carry the connection home.

For couples ready to meet each other with curiosity, care, and a willingness to begin again.

YOUR EXPERIENCE

All facilitated practices are invitational. You remain in choice about participation, touch, and disclosure at every stage. The retreat is educational and experiential; it is not psychotherapy or crisis support.



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LOUISE SULLIVAN

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