

LOUISE SULLIVAN

SOMATIC COACH & CERTIFIED
SEXOLOGICAL BODYWORKER

OPENING TOGETHER

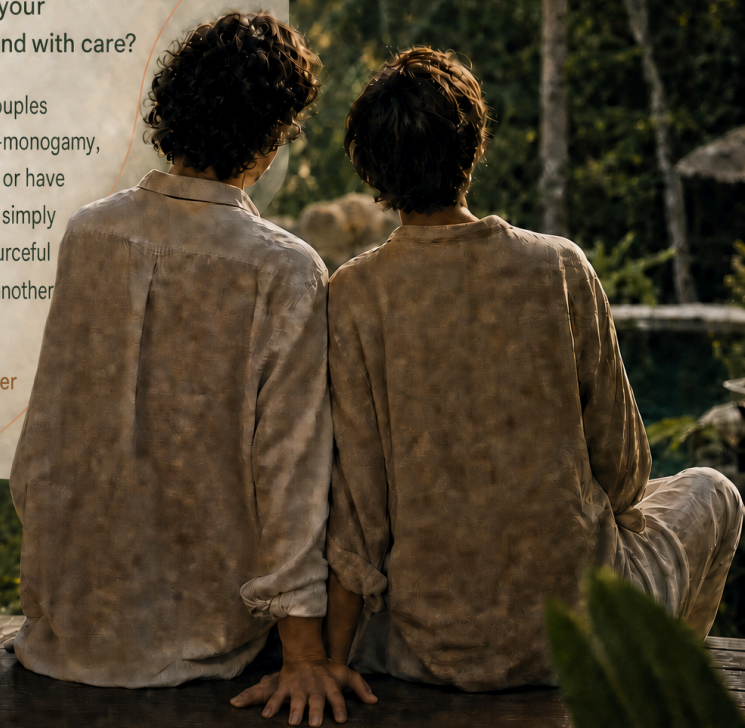
For curiosity, connection
& conscious choice.

Tempat Senang, Batam
13–15 November 2026

What might become possible when you make
space to explore the edges of your
relationship—together, slowly and with care?

This intimate three-day retreat is for couples
who are curious about consensual non-monogamy,
considering opening your relationship, or have
taken the first tentative steps. You may simply
have questions, seek a supportive resourceful
community, or wish to understand one another
more deeply before taking action.

Come with curiosity. Leave with greater
clarity, connection and choice.



Limited to
4 couples



SGD 2,500
per couple



Explore with honesty, care and curiosity

With a maximum of four couples, this retreat offers intimate connection and exploration. We balance educational content and resources, deep conversations, delicious meals, spa treatments, and time for quiet reflection. You will work with practical tools to design a relationship that works best for you at this stage in your life. This is not a play party and there is no sexual activity between participants.

WHO THIS RETREAT IS FOR

You may be new to consensual non-monogamy; discussing it but unsure where to begin; already exploring and wanting more clarity, resources and support; or simply curious about what other types of relationships exist.

THE EXPERIENCE

Across three days we combine guided conversations, somatic practices, agreements and checklists to support exploration. There is time to pause, rest and let insights settle as well as learn from the shared wisdom of the small group. Every practice is invitational. Confidentiality, privacy and respect are central to the retreat.

WHAT WE WILL EXPLORE

01

Begin with intention

Clarify what is drawing you towards exploration and what matters most to each of you.

03

Create supportive agreements

Explore boundaries, consent and agreements that support care and mutual agency.

05

Connect with integrity

Consider dating, meeting new people and building community with respect and clarity.

02

Listen, voice and repair

Build tools for honest conversations, reassurance, repair and navigating different paces.

04

Meet the feelings

Understand jealousy, fear, excitement, grief and desire without shame or avoidance.

06

Choose your next step

Leave with a couple-specific path forward—whether that is exploration, more conversation or a pause.

INVESTMENT

SGD 2,500 per couple

Includes accommodation, meals, spa treatments and workshops. Excludes ferry to and from Batam

ENQUIRE OR RESERVE A CONVERSATION

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